

# Sacraments of Healing

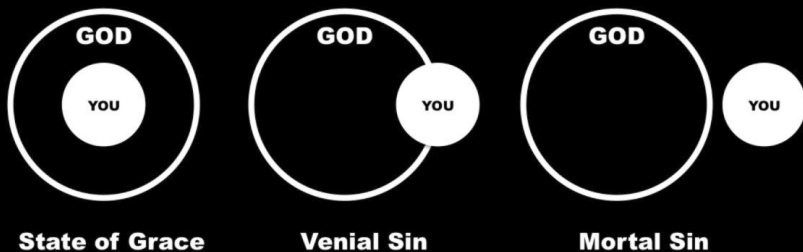


# The 10 Commandments

1. Shall not have strange gods before me
2. Shall not say God's name in vain
3. Keep the Lord's day holy
4. Honor your father and mother
5. Shall not kill
6. Shall not commit adultery
7. Shall not steal
8. Shall not bear false witness against your neighbors
9. Shall not covet thy neighbor's goods
10. Shall not covet thy neighbor's wife

# Mortal Sin vs. Venial Sin

Sin separates. Grace unites.



## VENIAL SIN

Little sins that wound our relationship with God and many venial sins can lead to mortal sins

## MORTAL SIN

Sins that kill our relationship with God

1. **Grave matter**
2. **Full knowledge**
3. **Freely consent**

## SIN

"I know what you said,  
but I want to do what I  
want to do"

# RECONCILIATION

## WHAT IS IT?

- Allows us to confess our sins,
- Be reconciled with God,
- And gives us the grace to not commit the same sins again
- "Sin harms our relationship with God and others. Because the healing of any relationship begins with a recognition that one has done something wrong, it is important to regularly consider what we have done well and what we have failed to do."
- Priests are garbage men!

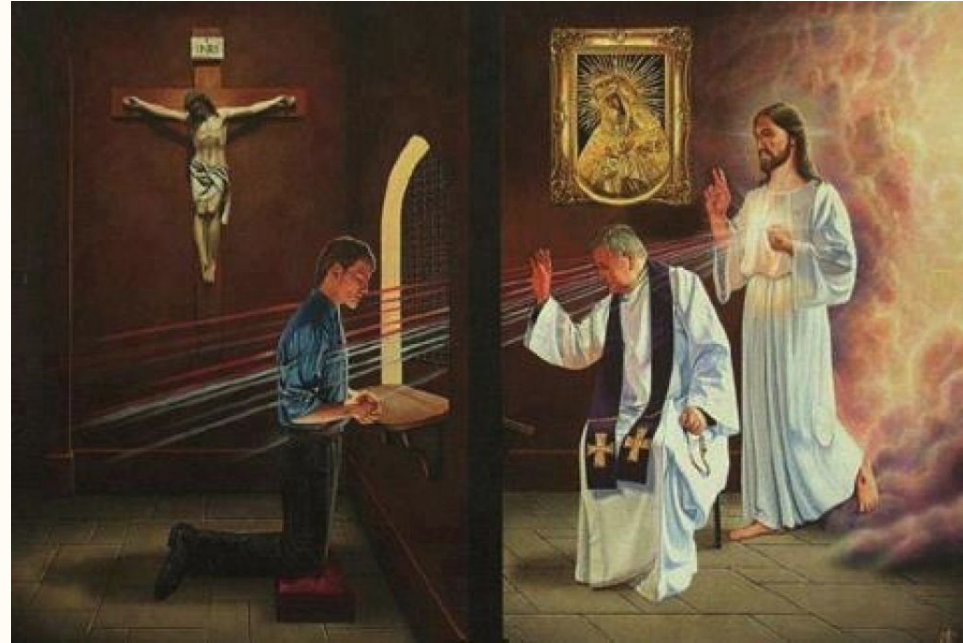
## WHO IS IT FOR?

- For anyone
  - If not baptized Catholic, then must become Catholic to receive it
- Go as often as you want/can

Jesus just wants a relationship with us. He doesn't want to shame us or punish us. He hates whatever hurts His children and wants to heal us through His Love and Mercy.

## Why do I have to confess my sins to a priest?

- Priests act “in the person of Christ” as a mediator between us and God
- Priests are given this special role to forgive sins by the healing power of God - use them!
- Jesus desires to forgive our sins through priests, it's a gift, don't waste it
- Humility in verbally saying your sins - not meant to shame you, but help you recognize your sins and work on them
- Seal of Confession - priests can't reveal anything said in there



# How do I go to Confession?

1. Examination of Conscience
2. Tell priest how long it's been since last confession
3. Say your sins
4. Listen for penance
5. Pray Act of Contrition
6. Priest prays prayer of absolution
7. Do your penance and be freed!

What would it be  
like if we didn't  
have the  
sacrament of  
reconciliation?

## Reconciliation Times:

St. Philip Benizi : Tuesdays 7pm-8pm  
Saturdays 4pm-5pm

Christ the King: Tuesdays 6pm-7pm  
Saturdays 3:30-5pm

St. John the Baptist: Tues & Thurs 6pm-7pm  
Saturdays 2:30-3:30pm

St. John the Apostle: Wednesdays 6pm-7pm  
Saturdays 3:30-4:30pm

St. James: Saturdays 4pm-5pm

Our Lady of the Lake: Saturdays 9:30-10:30am

# Anointing of the Sick



“Is any among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord” –

*James 5:14*



## WHAT?

- Sacrament that ministers to both body and soul
- Wipes away sins
- Fights off inclination towards sin
- Grace to unite sufferings to Christ
- Spiritual healing
- Physical healing as necessary
- Final blast of grace

## WHO?

- Those close to death
- Serious illness
- Serious surgery

## WHY?

- Prepare body and soul for death and meeting Jesus
- Heal our body and soul in times of suffering

## HOW?

- Call the priest
- Priest prays over person
- Anoints hands and forehead
- Prays with scripture
- Can receive confession and Eucharist