



BENIZI NOOZ

Summer 2022

Volume 39 Issue 1

St. Philip Benizi Catholic Church

18211 S Henrici Rd., Oregon City, OR 97045

FORGIVENESS: A VITAL INGREDIENT FOR SPIRITUAL SELF-CARE.

Fr. Paschal Ezurike

Introduction:

One of the most ordinary but most potent things human beings expect from each other across the globe; when things go awry, and one feels offended is forgiveness. It is therapeutic to hear that one is forgiven of their shortcomings/sins at every stage in life. A child breathes a high sigh of relief when the child's parents/guardians say that he/she has been forgiven for his/her mistakes of any kind and in place of reprimanding words, offer words of upliftment. The same is applicable between spouses, employers and employees, friends, and close associates, etc. Sacramentally, penitents feel free, liberated and in addition, receive spiritual healing when their confessors raise their anointed hands to bless and pronounce, 'Go in peace; your sins are forgiven.' Such words bring back love, acceptance, and a sense of belonging. However, when such consoling/healing words are not heard, one feels distanced and emotionally expelled from loved ones. Also, it arouses and exacerbates guilt, culminating in the person feeling unaccepted and unloved.

The need to forgive is taught and inculcated in us from the family, which is the premier formation house. Parents encourage their offspring to be forgiving, say sorry to others when they are at fault, to forgive and not to retaliate, let go and not bear grudges, or hold tight to unruly behaviors of others. This veritable learning continues in schools and churches and lingers to the end of life. It indicates that the issue of forgiveness is significant in every stage in life and forgiveness makes for a healthy body and spirit. Again, forgiveness is necessary because in the words of Augsburg, "Since nothing we intend is ever faultless, and nothing we attempt ever without error, and nothing we achieve without some measure of finitude and fallibility we call humanness; we are saved by forgiveness."

Forgiveness is crucial to mankind because it is therapeutic in the sense that it can help in lowering heart attack, blood pressure, depression, and stress. It can also help in improving sleeping condition and in lowering high cholesterol level, it reduces anxiety and pain. Above all, it is a Divine injunction which occupies a significant portion in the powerful and popular prayer of the Lord.

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The Lord's Prayer:

According to the synoptic writers, the Son of God, Jesus Christ, taught one prayer known as the Lord's Prayer/Our Father (Matthew 6: 9-13; Luke 11:1-4). The thought-provoking and all-encompassing prayer has many ingredients that, when consciously followed, helps one be on the fast track to the heavenly kingdom. Among the pillars of the Lord's prayer is the mandate from the most excellent teacher to us to pray, "Forgive us our trespasses as we forgive those who trespass against us." (Matthew 6: 12; Luke 11: 4). This portion of the Lord's prayer becomes the overriding principle as regards the teaching and practice of forgiveness. Being aware of man's arrogance, stubbornness, and ability to rock the boat, the adept teacher sounded the alarm in this special prayer to mankind to find a space in our beautiful hearts to offer forgiveness to others as we look forward to receiving the same from him. Forgiveness is a better risk than unforgiveness, it is stronger, and it makes life fairer. Concluding the Lord's prayer, Jesus said, "if you forgive others their transgressions, your heavenly Father will forgive you. But if you do not forgive others, neither will your Father forgive your transgressions." (Matthew 6: 14-15). One outstanding and recognizable feature of the Lord's prayer is that our receiving forgiveness from God is conditioned by our willingness to forgive anyone that offends us. It becomes imperative that the offended should look for every necessary and possible means to forgive the offender. Several reasons give rise to why the offended should ask for God's grace to help him/her forgive the offender. Among the compelling reasons is that the offended should do this to free him/herself from the unnecessary and heavy burdens he/she is hauling around, thereby causing him/herself restless days and sleepless nights. Undeniably, the offender is often insensitive and indifferent to the emotional torture and physical weariness his/her actions/words are causing the offended. Therefore, to merit the Lord Jesus' forgiveness, Christ's mandate in the beautiful and powerful Lord's prayer must be the quintessential model for us to solidly hang on.

What is forgiveness?

Different people from all stages and strata of life have different definitions of forgiveness. As a result, it is difficult to have one general meaning of forgiveness. However, we are considering the definition by Shults & Sandage which sees "forgiveness as having a twofold aim (a) to reduce the person's motivation of avoidance and revenge and (b) to increase the person's motivation of goodwill toward the offender." When a person forgives, they begin pursuing peace, peace of mind, and peace with others, leading to reconciliation.

The two Greek words for forgiveness are translated as 'to release or set free and 'to offer a gift of grace.' Taken into the context of the Bible, the releasing of others and offering a gift of grace is often more relational than individualistic. In essence, forgiveness challenges the interactions between the offender and the offended as much as possible.

In a psychological sense, forgiveness is the intentional and voluntary process by which one who may initially feel victimized undergoes a change in feelings and attitude regarding a given offense and overcomes negative emotions such as resentment and vengeance. (Wikipedia). There are remarkable things about forgiveness; its aim is freeing/lifting the burden of the offended. According to a Rwanda genocide survivor, "it is a gift one gives to change the offender's heart." It is at the expense of the giver to the offender. In such instances, whether the offender receives the gift or not has no effect on the giver, who is also the offended. He gives it.

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The one offended has the absolute power with God's grace to liberate themselves from negative emotions of revenge, anger, resentment, and vengeance. Pragmatically, to forgive the offender is a healing and soothing gift which the offended gives him/herself to move forward and tackle other activities of life.

What forgiveness is not:

Several people confuse forgiveness with reconciliation. Forgiveness does not necessarily mean reconciliation, rather, it is a step in the process of reconciliation. Reconciliation necessitates that two people come together again and requires forgiveness from both parties involved. Sometimes, only one of the parties involved is willing to rebuild the relationship. If that happens, forgiveness can still take place in the willing party, but reconciliation will not take place (Enright, 2001). For instance, if a child is willing to forgive her mother, who abandoned her when she was young, but the mother refuses to admit the child as her daughter, forgiveness has taken place within the child. However, reconciliation will not be possible in this case because of the mother's refusal. Forgiveness also challenges us to reconcile as far as it is possible. Forgiveness does not condone wrongdoing or enable the offender to keep perpetuating their inapt, obnoxious, and repulsive behaviors. Instead, it offers the offended clear paths to move forward and not settle on the same level as the offender.

Additionally, many people put forgiveness and forgetting in the same parallel line. Hence, it is common to hear 'please forgive and forget.' It is necessary to state here that forgiveness is not forgetting. Forgetting has nothing to do with forgiveness. Therefore, the offended can comfortably forgive an offender without forgetting the evil done. It is possible to forgive an intoxicated driver who killed a family member but, not easy to forget the loved one and the circumstances that led to his/her demise. Also, one can forgive an abuser and move on with one's life; but it will be difficult to forget the scars of the abuse.

Therefore, the offended will be able to forgive the intoxicated driver and the abuser while still retaining the memory of the events. Hence, forgiving in this context means that one can still retain the memory of the incident but 'differently.' Sometimes, retaining memories of past hurt and pain could mean refraining from being in a vulnerable state for the same offense done against you. Although remembering what happened is necessary for healing, but dwelling and decorating it with everything in you can hamper moving forward and should be avoided. In the end, forgiveness is not forgetting because the former could happen without the latter.

Who benefits from forgiveness:

One of the common mistakes human beings make is the thought that the offender is the one that is highly favored when forgiveness occurs. This could be the same thinking of keeping God's commandments; we think we are doing God a favor/glorious thing when we adhere to his instructions. The good news is that God is God, overflowing with goodness, and will not change. Whether I observe his commandments or not, God will still be God. So, the goodies of keeping the commandments go to the obedient child of God.

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Consequently, when the offended forgives the offender, the offended benefits more than the offender. The offended is restored to the whole person by encountering God's love because they are walking in the light of the gospel which states that one should forgive so that one will be forgiven. Moreover, the offended is free from the root of symptoms because unforgiveness is often at the core of our symptoms, which stymie physical and spiritual growth. As the Catechism of the Catholic Church puts it, "God wants you to be free. He wants to heal you - spirit, soul, and body. However, we can never be completely free and healed until we forgive." The Catechism further states that "Forgiveness is the foundation for all healing.... Many times, unforgiveness is also accompanied by hate, resentment, revenge, anger, and bitterness." (CCC, 2840) And putting up with these unholy attitudes results in factors that dwarf physical and spiritual growth.

Above all, the offended must forgive to receive God's healing love. Offering practical elucidation after teaching the Lord's prayer, Jesus reminds all, "If you forgive others their transgressions, your heavenly Father will forgive you." (Matthew 6:14). Indeed, from Jesus' teaching, it is glaring that the outpouring of mercy cannot penetrate our hearts if we have not forgiven those who have trespassed against us. Admittedly, it is not a pushover for the offended to easily forgive. However, despite the challenges forgiving the offender constitute, the offended should strive to put on the Christian garment of humility and righteousness. And adorned themselves with Christ's message of love, flee from the hardness of heart that makes them impervious to the Father's merciful love; also, embracing and opening to God's grace that helps make positive deeds possible.

Forgiveness is a spiritual & physical self-care:

As earlier pointed out that one cannot foster health and well-being in another if such is lacking in oneself. As we focus on forgiveness as spiritual self-care, it is good to know that forgiveness is essential in human life. The first thing to note is that forgiveness is suitable for all of us; it is healthy and vital for one's good. In her article, 'Myths- stages of forgiveness,' Linda Curran stated that "forgiveness is closely correlated with increased happiness and improved mental health." One who refuses to forgive deprives him/herself of happiness and sound mental health.

Also, forgiveness is an essential aspect of spiritual self-care because we are called to forgive, and Jesus Christ, in the famous and powerful prayer he taught us, Our Father, asked us to forgive those who trespass against us. In her book on Forgiveness, Evelyn Biles (2021) posited another reason why we should forgive, she states: "We, as fallen human beings, are so desperately in need of the experience of being forgiven that we could not deny others of their need to be forgiven." However, the choice to forgive depends on the offended. Forgiveness relies heavily on the offended because it is for their benefit. By forgiving, the offended accepts what happened and is determined not to seek revenge.

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Therefore, as God's children, we need to forgive not because it is mandated but because it is connected to our mental well-being and physical health. It offers us inner peace because we are free from hauling unnecessary ragbags which hinder our physical and psychological health. In the words of Charles H. Brent, "Peace comes when there is no cloud between us and God. Peace is the consequence of forgiveness, God's removal of what obscures His face and so breaks union with Him." Forgiveness is essential for deep and lasting healing. According to the Catechism of the Catholic Church, "God wants you to be free. God wants our total healing. However, our forgiveness will not be possible until we forgive others. This is because unforgiveness is also accompanied by hate, resentment, revenge, anger, and bitterness. If we allow these negative emotions to remain in our spirits, we may end up with physical problems such as arthritis, high blood pressure, stomach problems, colitis, or heart problems. (CCC, 2824).

Other aspects, no doubt count for spiritual self-care; but the issue of forgiveness is vital because it heals, liberates, and restores. Also, it gives to the offended, forgiveness from the merciful God. Granted that forgiveness is not all that easy, but when one remembers the reason for forgiveness, it is first and foremost for the benefit of the offended. It should reiterate that forgiving the offended does not mean automatic reconciliation or holding hands and dancing with the offender but releasing the offended from anger to move on and restore peace to all. Also, forgiveness is a significant avenue of avoiding future pain and shifting the perspective, teaching, and idea of how the offended look at things.

As Christ's followers and coming to terms with forgiveness and what it is not, we should strive to forgive the offender to have peace and good physical and mental health. Forgiveness, therefore, is a significant part of spiritual self-care.

Conclusion

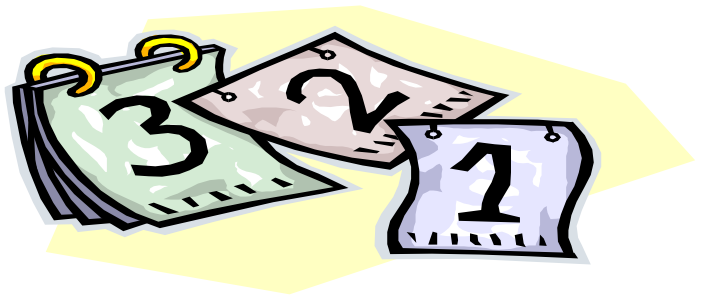
All professions emphasize the importance of self-care for their members. Those in the medical field repeatedly challenge patients on the need to take adequate care of themselves. Psychologists and counselors join in encouraging their clients to a workable routine for proper self-care. There is no gainsaying that commitment to self-care is healthy and inspires one to rise to the challenges of each period. Therefore, it is necessary to prioritize your activities, know the immediate ones, and what can be delayed or delegated. Stick to a routine because it gives a sense of normalcy to the otherwise abnormal situation.

As we engage in activities that facilitate and promote physical care, it is of utmost importance to embrace all necessary directives that make for adequate spiritual self-care. From all indications, adherence to the Lord's prayer and wholly forgiving those that trespass against us takes the unwanted stress and burdens off our shoulders. Again, it makes our critical loads light so that we will be able to ascend the Lord's mountain. Also, we need to consistently walk with a pure spirit to avoid anything impeding our spiritual, mental, and physical health.

Blessings, be prayerful and have a great summer.

Parish Staff

Pastor: Father Paschal Ezurike
Business Manager: Mary Pattyn
Secretary: Sherrie Havens
Music Director: Debbie Schaffer
RE Director:
Youth Director: Katy Schnoor



Special Dates for Summer

July

4 Independence Day
27 Youth group leaves for Steubenville
31 Youth group returns from Steubenville

August

13 Father Paschal's Birthday
15 Feast of the Assumption of Mary - Holy Day of Obligation - Mass at 9:00am and 7:00pm
21 Parish Picnic following the 10:30 mass
23 St. Philip Benizi Feast Day
24 Father Paschal's Ordination Anniversary 27th year

September

5 Labor Day - Office Closed

Pastoral Council 2021-2022

President: Matthew Anderson
Vice President: **Volunteer Needed**
Past President: Bill Crowley
Secretary: Sherrie Havens
Communications: Bill Breshears
Evangelization: Ed Schneider
Helping Hands: Bill Breshears
Jeannine Breshears
Liturgy: Fr. Paschal Ezurike
Parish/Family Life: Thuc Alexander
Social Justice: **Volunteer Needed**
Religious Education
Youth: **Volunteer Needed**
Youth Minister: Katy Schnoor
Adult: **Volunteer Needed**

**Join us on the 4th Thursday of each month
at 7:00pm in the Parish Center.**

Baptisms

Jacob Dahle, Miles Czyzewicz,
Henry Kazmierowicz

Deaths

Mary Jo Miller Lombardi, Lila McLain
Stephen Hill, Vicki Valpini, Jania Skuza

Marriages

William Crowley and Elizabeth Cellan
Mathew Prom and Andra Breshears
Jacob Bear and Melissa Payne

RICA

Angela Hartman



Poems from Heather:

CALLED

Jesu, how shall I follow you?
How do I never be the same and return to that original state of grace that you kissed into being?
Call my name and let me hear afresh it spoken in pure Love.
Call my name again so that I have no other action worth taking than rising with you.
Whisper my name that I may feel the pull towards you.
Shout my name and my energy will begin to sing a holy resonance.
Just say my name and fill all the empty spaces with your just and holy presence.
Strengthened and re-collected and brim filled with your sacred voice, I will rise, called, to follow you.

FORE GIVEN

He knew, and yet he washed.
The act, unexpected and unwanted at first by some, began the rewrite of Love's Law.
He knew, and in kneeling humility, washed each in grace and forgiveness.
He knew, even as he gazed, his eyes less pleading than extending Love's salvation prior to the sin.
He knew: this silent offer freely given before all else.
Given for all.

RECONCILIATION

Resting at thy holy knee, my heart opens and distresses flow out, the darks and shadows of hidden lies and blame-filled behaviors.
Out they pour, from layers childhood deep, shame encrusted by both ignorance and poisonous pedagogy.
Who taught me to believe that what I did defined who I was, thus washing my often innocent acts with dirtied responsibilities and shoulder bending shame?
Your gentle compassion coaxes out my concerns and worst feared accounts, allowing grace and mercy to replace my self repugnance. My inner shift from shamed to sacred child softens my open heart, lifting it upon your holy knee.

RESURRECTION

I desire Resurrection: this earthly overcoat shed and done away with, discarded for good.
The weights of remnant grief and pain, stress and duress released to fall away, their gravity relinquished.

I desire the breath of Revival, knowing that I have really never been fully "vived". How is it that I've even been sustained? What forces held me up and challenged for each inhale?

I desire Resuscitation: the rhythmic soul compressions that squeeze out the dis-ease – yet allow in kindhearted virtue, soul beats regained.

Rising. I desire Rising. Sent to heights I dared not, until now, lift my eyes and heart toward:
Your lofty visage, Your lofty love Your lofty communion.

I desire Reception - gathered up in all the graces, gifts and blessings given to walk this life, this world, this time.

Receive back my reflection of all the good of my humble "yes" to your will.

Receive and resurrect me, Eternal One, in your infinite mercies that I be one with you.

COMING IN AUGUST

St. Philip Benizi

Parish Picnic

Honoring our patron,
St. Philip Benizi.

WHEN: Sunday, August 21

WHERE: St. Philip Benizi

TIME: Following 10:30 Mass

Mark your calendars and check the bulletin each week starting at the end of July for more details about this super fun event.

If you would like to volunteer to help call the Parish Office at (503) 631-2882.

**2021 ANNUAL REPORT ON SALISA BANA SCHOOL,
THERESA CHARITIES AND REV JIMS EDUCATION FUND
HOPE FOR CHILDREN
KINSHASA, DEMOCRATIC REPUBLIC OF CONGO (DRC)**

Once again, we have seen another year go by and Salisa Bana School continues to grow in its mission of helping children in one of the poorest countries in the world. We have seen our school continue to grow with an enrollment of 400+ children this year and our staff has grown as well. We have children in kindergarten through eighth grade.

We currently employ the following: twelve teachers, an administrator, facilities manager and two security guards. Crosier Fathers and Brothers and Days for Girls have the task of the day-to-day operation of the school and 35+ acres. We have many volunteers who help the Crosier Fathers and Brothers, and Days for Girls organize and take supplies to Salisa Bana from Kinshasa.

Our LDS brothers and sisters who helped us drill a well that continues providing clean, fresh water to the school, houses, and surrounding villagers. By having clean water, our brothers and sisters will now be able to drink and bathe in water that does not carry disease that will help improve health conditions tremendously.

Teresa Charities of Portland has donated enough money to build another house that will house a volunteer couple to hand out FuFu and sardines to the elderly in the area and start a couple's prayer group. This couple will be part of Teresa Charities. I cannot thank Deacon An Vu enough for his work with the elderly and married couples around the world. We have in the plans to build another house that will be furnished and used by those of us visiting Salisa Bana School. We have learned much over the past fifteen years and what God is asking of us. So, at the beginning of 2021 our strategy has changed, but not our mission of feeding the poor elderly in Congo. Instead of buying food and distributing it a couple of times a month, we now are buying seed to raise our own food, to teach seniors and villagers to grow food and take responsibility for their own lives. We also have started two large fishponds that will provide protein. We have plans to enlarge our pig farm, currently we have sixty pigs that will not only provide food, but as we sell some it will provide needed money to buy additional seed and fruit trees.

As we have learned, money may dry up in the United States and then what? It is a form of welfare that does not help people stand up on their own two feet. As of today, we have 20+ acres under plant. We have numerous fruit trees that will soon be providing food to those in need.

Plans to travel to Kinshasa in 2022 are underway if I can raise the money for travel.

I would like to praise and thank all who continue to donate. Without their support our school, these children that you have never met, our poor seniors, and college students (orphan girls), would not be able to have food or an education to better their lives and their country. Without our donors, our accomplishments would not have been possible. I also want to thank our Board of Directors, and those in Congo who work tirelessly for the good of our children, poor seniors, and all Congolese people.

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I started a new non-profit at the beginning of 2020 called: Rev Jims Education Fund. This non-profit helps to send orphan girls to the University of Kinshasa. It covers tuition, transportation and other related issues that may come up. We had our first girl graduate in the spring of 2021, and she has now started her own business. We currently have four girls at the University, and hopefully will have more, as donations continue to be raised. The cost is \$500 a year. If these girls do not continue their education, their future in Congo is not very bright and unfortunately would be hard for one to imagine! We started raising funds in 2021 and for the year the P&L shows the following: Donations for the year: \$9,005.00 and Expenses: \$6005.55 Balance carry over to 2022: \$3009.45. Note: 100% of all donations goes directly to supporting these girls!

Everything that is done for Salisa Bana School, Theresa Charities and Rev Jims Education Fund is done for the citizens of Congo, not for any profit, not for any glory. All volunteers work for nothing, and any money donated goes directly to the people of the Democratic Republic of Congo.

A lot has been accomplished, a lot more is left to do, but we are getting closer to seeing our dream come true. The dream, of providing a place of "Hope for Children," and for all Congolese people. With God's help and yours we will be able to continue building, paying the bills and finish the projects started and provide a true home, school, and safe place for all to grow, learn, and love one another and hopefully change a country.

It is my prayer and hope that you, our loyal supporters will continue to donate, spread the word, and pray for our mission to the Congolese people. Your love of people, especially those you have never met, will be rewarded back to you one day. You may donate in a number of ways; your time, your prayers or just making friends and family aware of our mission.

You may donate in the following ways: Make check payable to:

1. Rev Jims Education Fund – sending girls to the University Kinshasa, DRC
2. Crosier Fathers and Brothers - Salisa Bana School

Checks may be mailed to:
Deacon Jim Pittman
6122 Marvin St.
North Las Vegas, NV 89031

God Bless you for your love and support of our children.

Rev Deacon Jim Pittman
503-312-5692
salisabanakids@gmail.com

Parish/Family Life

Alex and Daniel Czyzewicz, Rikki Grimm, and Mary Ann Mitchael, led parishioners in singing Christmas songs to enrich our spirits during Advent this year.



Thuc Alexander and helpers put on a fabulous Mardi Gras party!
Our DJ, Daniel Czyzewicz was amazing. Fun was had by all.





Ed Schneider and his crew put on a wonderful Mother's Day Brunch.



Graduating Seniors



Ella Gach: La Salle Catholic College Preparatory

Awards, recognitions, scholarships: Clear Creek Communications Scholarship; African American Scholarship; LMU Merit Scholarship

What are your summer plans: This summer I am planning on balancing my time between working and spending time with my friends. Since this is the last summer we will all be together, I want to savor every moment and make memories with them.

Future plans: I will be attending Loyola Marymount University, a private Jesuit College located in Los Angeles, California. I plan on majoring in psychology with a minor in Spanish. I am also hoping to enroll in the criminology and criminal justice program with the goal of entering law school after my first four years of undergraduate. When I am older I hope to become a defense attorney, in order to help others and be more involved in our justice system.

Crista Baurer: Molalla High School

Awards, recognitions, scholarships: Academic award along with the high GPA cord, athletic awards for tennis and cross country

What are your summer plans: Working at Safeway in Molalla, if I get the job, while working at home for a law firm.

Future plans: I Plan to work to get some job experience and then when I find out what I want to be, I'll take classes if it requires. I also might get a position in the law firm I am working for. So I will see where that leads to.



Youth Group: 2021-2022 School Year

This year we have been learning about how to begin to understand anxiety and what to do next as well as learning about how to be Joyful people. We also decided to finish out the school year with a big service project. Read on to learn more about each of these...

Anxiety/Stress: This year your SPB Youth Group started the school year discussing ways to understand and cope with anxiety. We first discussed what stress and anxiety looks and feels like for each one of us. It was interesting to learn that stress looks and feels

different from person to person, just one more way each one of us is different. We talked to a few family members and/or friends and asked them a series of questions about what stress and anxiety look and feels like to them and how they cope with those feelings. A few of the students realized they have some of the same anxiety traits as people they live with although are not sure if it has to do with genetics or simply a learned behavior. Once we recognized what our actions/feelings are when we feel stressed or anxious, we focused on how to cope with those in order to feel better. We discussed how we may then be able to help our friends and siblings. We all agreed that one of the best ways to work through our stress is to have a conversation with Jesus and ask for his help. We are so blessed that we have Jesus in our lives and can turn to him at any time.

Living Joy: We started to read the book “Living Joy” written by Chris Stefanick. Chris is well known to the SPB Youth Group and many have had their pictures taken with him. We had the pleasure of listening to him talk at a few of the Steubenville conferences we attended as well as the fact that he is one of the teachers in the Confirmation Series the students watch when studying about their faith. The book explains the 9 rules to help rediscover and live joy every day. We have read about 2 of the rules so far and will try to get through to the other 7 before the end of the youth group year. (The youth group has asked that we continue classes through the summer and only take the month of August off). So far we have read about how gratitude is the key to unlocking deep joy and have talked through some of the ways the youth feel this in their lives. We have also talked about how sometimes we just need to reflect on how grateful and blessed we are in our lives in order to find our happiness. Sometimes just sitting in a prayer spot or at adoration is a great way to reflect and listen to what God has to say.

Steubenville NW Conference: On July 27th there will be 5 members of the youth group heading Northeast to Spokane Washington for the 2022 conference. The theme is “Fearless” John 16:32. The Ministry team includes Steve Angrisano, Noelle Garcia, Mary Bielski, Jon Niven, Fr Christopher Martin and Cooper Ray. If you would like to learn more about it, you can go to <https://www.spiritusnw.org/>.

Father's Garden



The youth group heard that Father was a bit frustrated that the cute little bunnies ate most of his garden last year, so we decided to change that outcome for this year. We weeded the garden, replaced many of the rotten boards and added a bunny proof fence as well as adding a gate. Thank you for the so many generous donations by many parishioners, we were able to keep the costs very low on this 5-hour project. As of mid-May there have been 9 tomatoes, 4 peppers, a lemon cucumber, onions, chives, rosemary, peas, and potatoes planted. If anyone is willing or able

during the week, please take a look and feel free to add more soil to the potatoes and water the garden until we are able to get an automated hose and sprinkler set up. The youth group recently created stepping stones to add to the garden, which will be placed by mid-June.



Please stop by anytime to view this beautiful new place.





St. Philip Benizi - Redland

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Phone: 503-631-2882

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Email: stphilipbenizi_redland@archdpdx.org

Website: www.philipbenizi.org

Mass Schedule

Mon., Wed. - Fri.	8:00am
Tuesday	6:30pm
Saturday	5:30pm Vigil
Sunday	8:00 & 10:30am

Mass times anywhere: 800-627-7846

www.masstimes.org

Reconciliation

Saturday 4:00 - 5:00pm

Eucharistic Adoration

Thursday 9:00am to 10:00pm

St Philip Benizi Mission Statement

The Primary and only purpose of the Church is that of Jesus Christ who came into the world to fulfill the will of His Father. Thereby this becomes the mission of St. Philip Benizi parish, to proclaim the kingdom of God, to build up the parish community as a witness of God's love and care for the world, to be the invitation to become what God has called us to be.

This mission is best accomplished through individuals working with others who accept the same purpose. This forms a parish community and the work achieved with the guidance of the Spirit is called ministry. In this way we are directed to work toward God's purpose of "wanting all men to be saved and come to the knowledge of the truth."

(1 Tim 2:4)

Since the inception of St Philip Benizi, volunteers have been a mainstay of the smooth functioning of the parish as we strive to fulfill the St. Philip Benizi Mission Statement.

You are the hands that bring the body of Christ to those who hunger for the Bread of Life. You are the catechists who I introduce the great truths of our faith to our youth and others. You are the voices that proclaim God's Word.

BeNiZi NooZ is published by St. Philip Benizi Parish Communications Commission. Comments and suggestions may be sent to the parish office.

